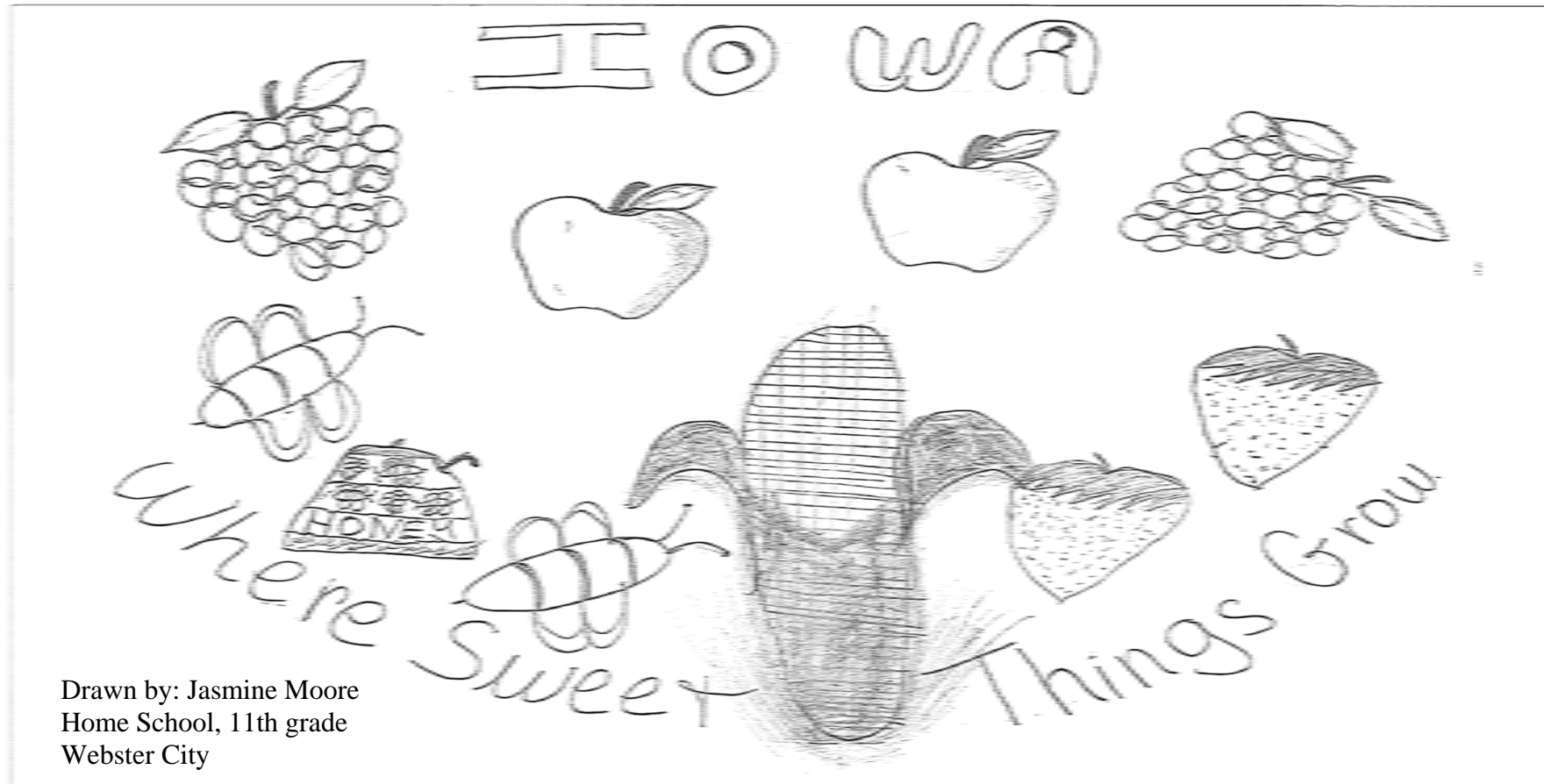


# From the Farm to You!

Products Made from Iowa Commodities





Drawn by: Jasmine Moore  
Home School, 11th grade  
Webster City


September 2012 to August 2013

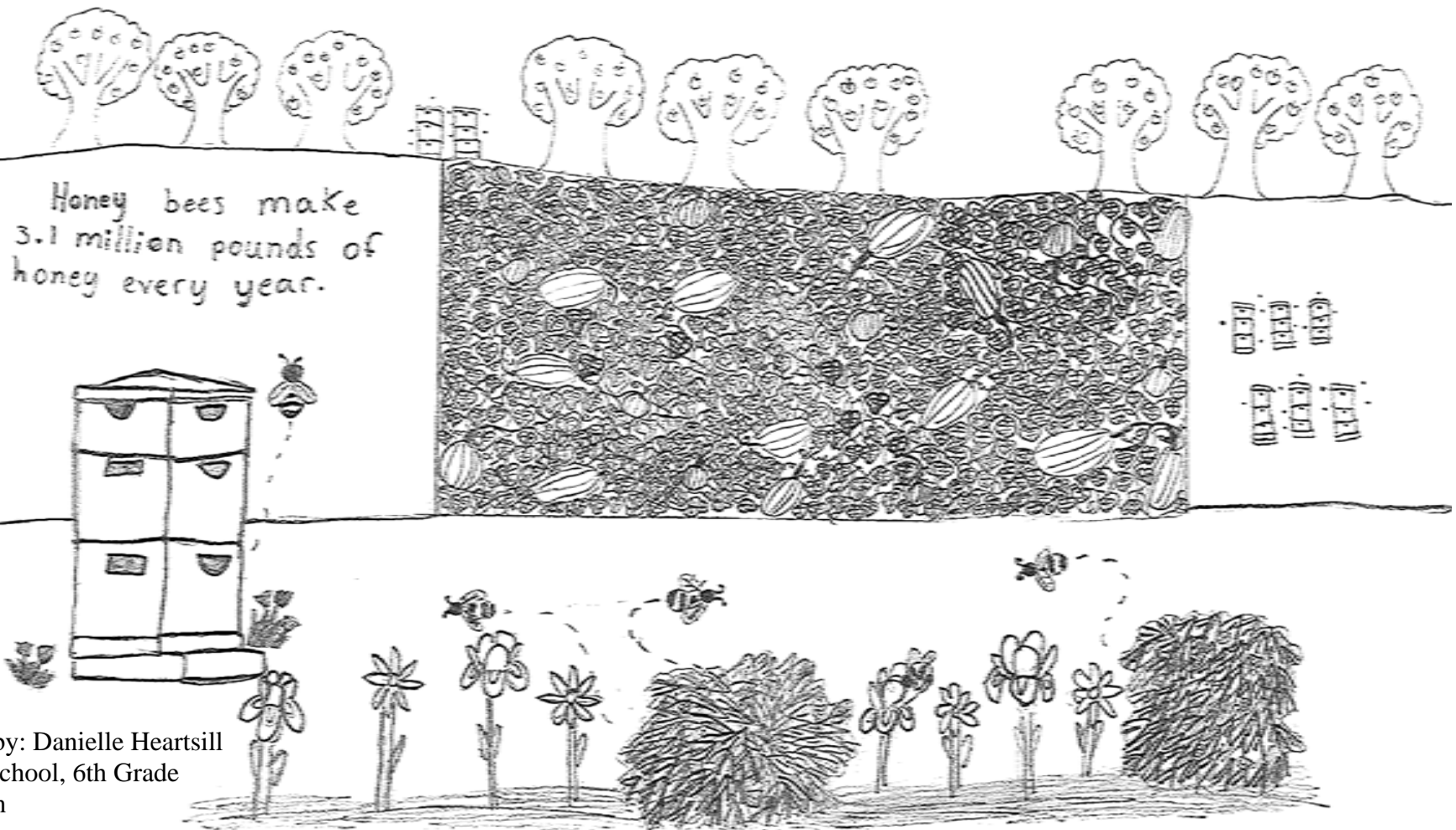
Sponsored by the Iowa Department of Agriculture and Land Stewardship

# The Beekeeping Industry is a Great Value to Iowa!

 Iowa apple orchards rely on bees for 90% of their pollination.

 Bees provide 80% of the pollination for Iowa's melon, pumpkin, cucumber and Squash crops.

 Iowa's Bees enhance yields of crops like Soybeans, peas, grapes and peppers.

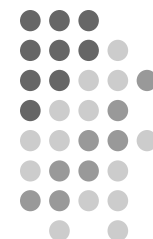


Drawn by: Danielle Heartsill  
Home School, 6th Grade  
Chariton



# September 2012

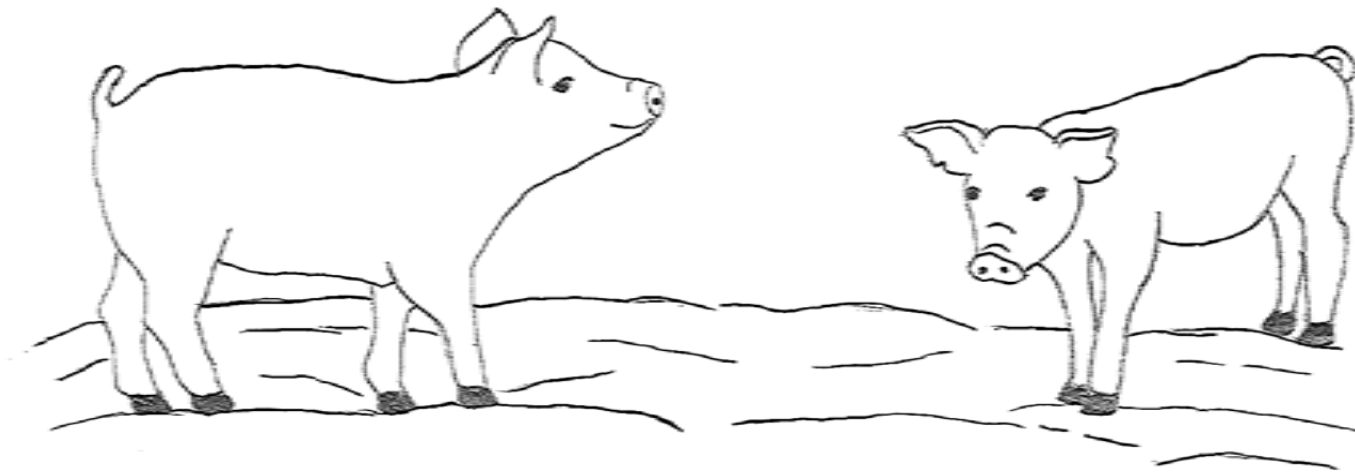
*National Chicken Month and National Honey Month*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Egg whites or albumen, makes up 67% of an egg's liquid weight.	The average American can consume one pound of honey a year.	Egg yolks are used in beauty products like shampoo and conditioner.	Honey is 25% sweeter than table sugar.			1
2	3 Labor Day	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/ 30	24	25	26	27	28	29

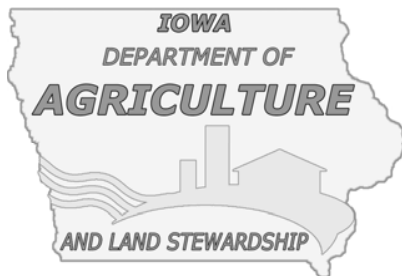
# Iowa's Pigs

Drawn by: Hannah Heartsill  
Home School, 5th Grade  
Chariton



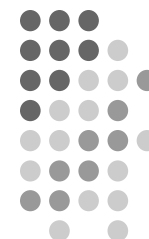
The Iowa Pork industry  
contributes \$12 Billion to  
the Iowa economy and  
creates jobs for 86,000  
Iowans.

Iowa's 10,000 Pork Producers  
Produce approximately 26.3  
Million Hogs annually.  
That's 25% of all U.S. Pork!



# October 2012

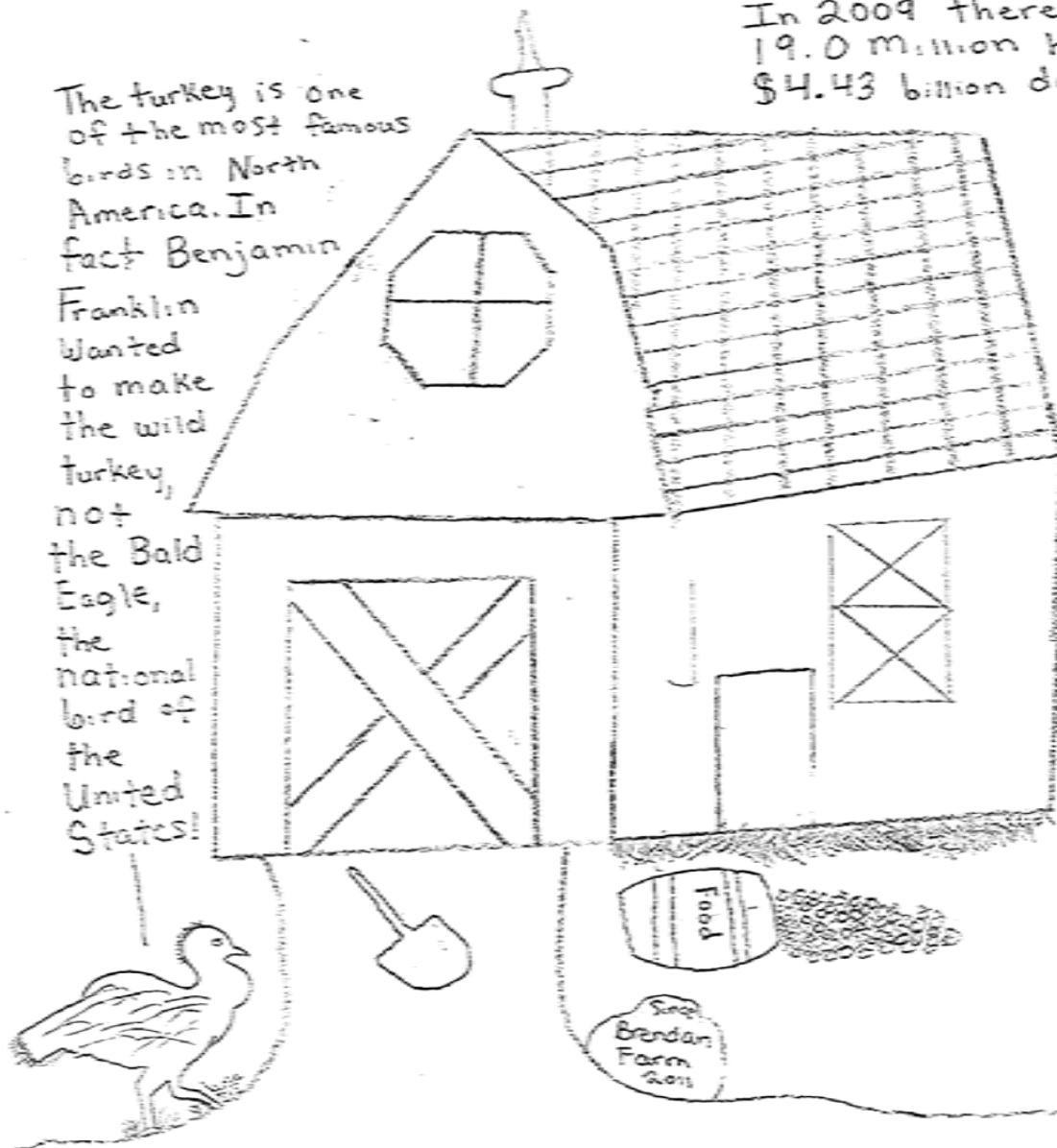
*National Pork Month and National Apple Month*



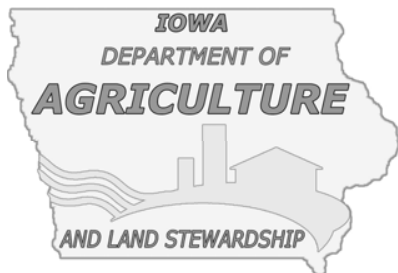
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Iowa is the #1 pork producing state in the U.S. and the top state for pork exports.	1	2	3	4	5	6
7	8 Columbus Day	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

In 2009 there was 92,600 farms and  
19.0 million hogs in Iowa alone! Resulting in  
\$4.43 billion dollars in total profit!

The first cow in America  
arrived in Jamestown Colony  
in 1611. Until the 1850's nearly every  
family had there own cow!

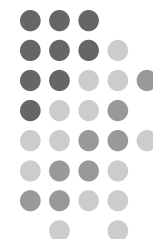


Drawn by: Brendan Turner  
Home School, 7th Grade  
Hiawatha

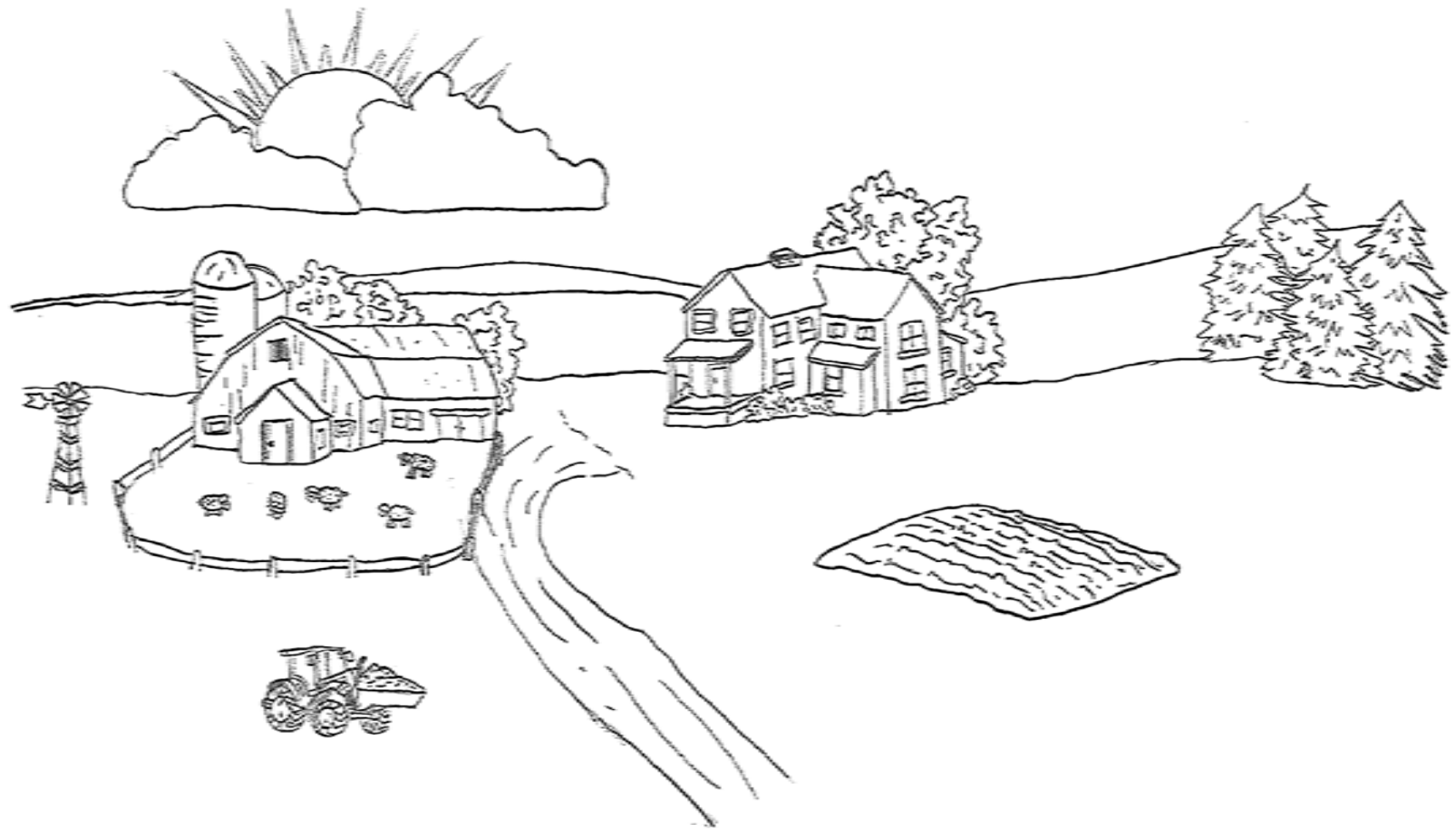


# November 2012

*National Peanut Butter Lovers Month*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Peanuts contribute more than \$4 billion to the USA economy each year.	It takes 540 peanuts to make a 12-ounce jar of peanut butter.			1	2	3
4 Daylight Savings Time Ends	5	6 Election Day	7	8	9	10
11 Veterans Day	12	13	14	15	16	17
18	19	20	21	22 Thanksgiving Day	23	24
25	26	27	28	29	30	



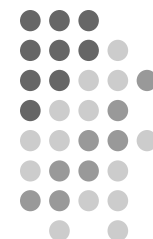
Drawn by: Danielle Heartsill  
Home School, 7th Grade  
Chariton

*Farming is the backbone  
of Iowa's economy!*





# December 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	There are about 1 million acres in production for growing Christmas trees.	Each acre of Christmas trees provides the daily oxygen requirements for 18 people.	Over 100,000 people are employed full or part time in the Christmas tree industry.			1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 Winter begins	22
23	24 Christmas Eve	25 Christmas	26	27	28	29
30	31 New Year's Eve					

# Iowa's Milk + food Cow!

Milk



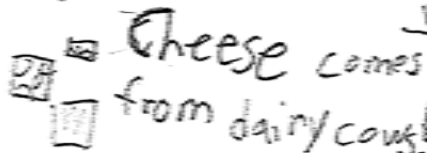
Milk comes  
from cows.

Butter



Butter is made  
from milk.

cheese



Cheese comes  
from dairy cows.

Ice cream

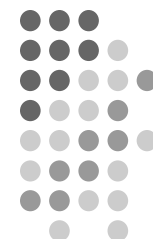


Ice cream comes  
from dairy and cows.

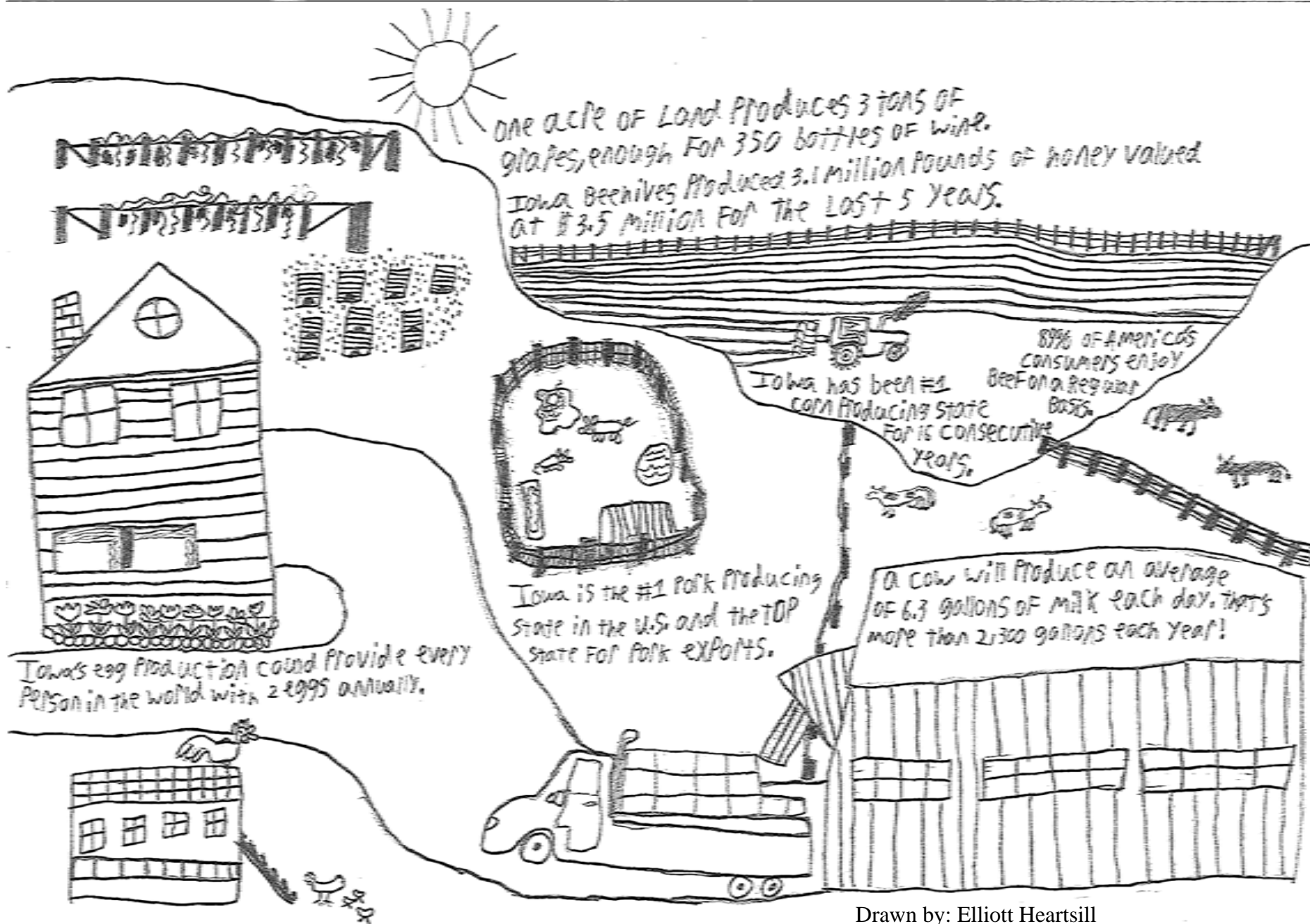




# January 2013



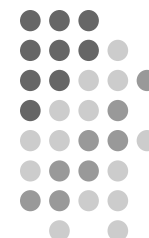
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King Jr. Day	22	23	24	25	26
27	28	29	30	31	Iowa has 92,600 farms. Land in farms covers 30.8 million acres. 	



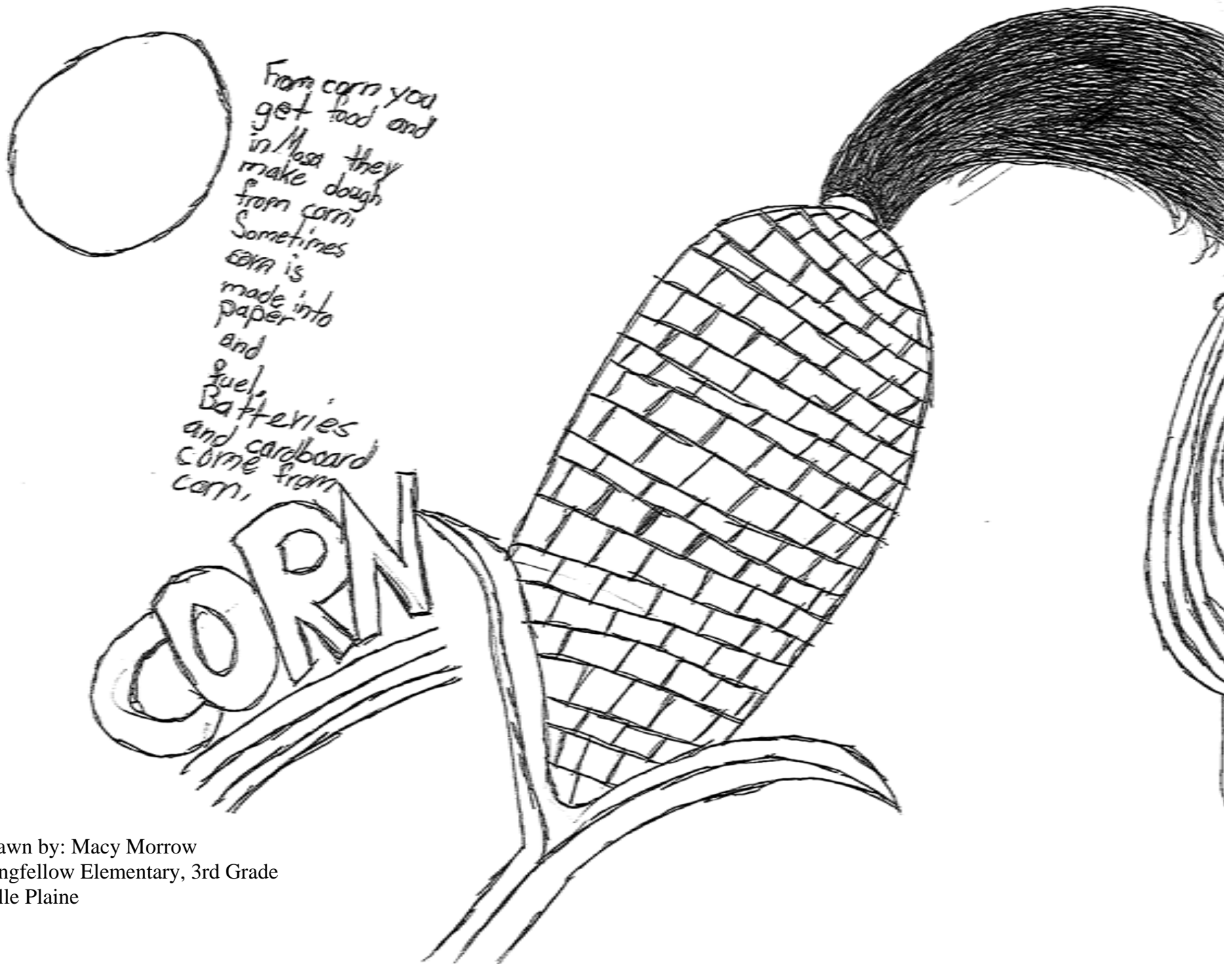
Drawn by: Elliott Heartsill  
Home School, 8th Grade  
Chariton



# February 2013

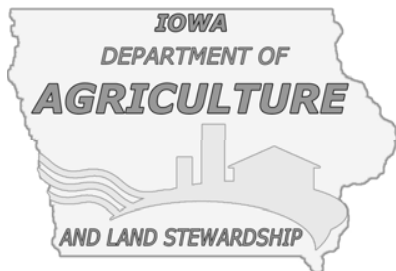


Sun	Mon	Tue	Wed	Thu	Fri	Sat
Around 72% of the calcium in the U.S. food supply comes from dairy foods.	The value of one acre of grapes if made into wine, bottled and sold is about \$27,000.	One acre of land can support 600-700 grape vines.			1	2 Groundhog Day
3	4	5	6	7	8	9
10	11	12	13 Ash Wednesday	14 Valentine's Day	15	16
17	18 Presidents Day	19	20	21	22	23
24	25	26	27	28	Iowa has been the #1 corn producing state for 18 consecutive years.	



From corn you  
get food and  
in Mass they  
make dough  
from corn.  
Sometimes  
corn is  
made into  
paper  
and  
fuel.  
Batteries  
and cardboard  
come from  
corn.

Drawn by: Macy Morrow  
Longfellow Elementary, 3rd Grade  
Belle Plaine

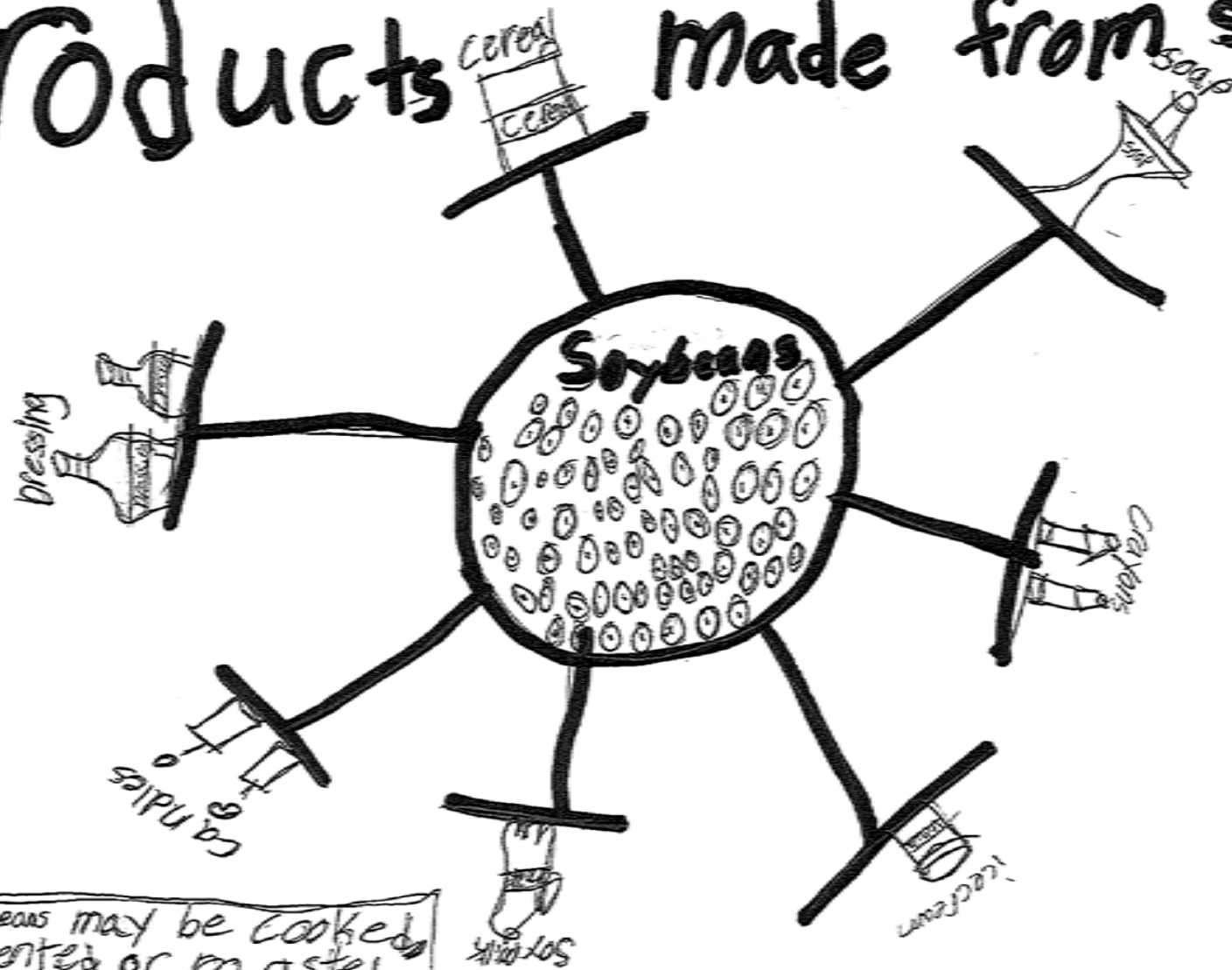


# March 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	E-85 is a fuel made of 85% ethanol and 15% gasoline.	Biodiesel can be made from soy oil and reduces air toxins by up to 90%.	It takes 150,000 soybeans to fill a bushel basket.		1	2
3	4	5	6	7	8	9
10 Daylight Savings Time Begins	11	12	13	14	15	16
17 St. Patrick's Day	18	19	20 1st Day of Spring	21	22	23
24 Palm Sunday	25	26	27	28	29 Good Friday	30
31 Easter						

# Products made from soybeans



Soybeans may be cooked, fermented or roasted.

Green soybeans are eaten as vegetables inside dishes.

soy beans can make soy sauce, flour, crackers and more.

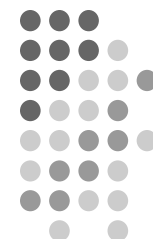
Drawn by: Kieran Holmberg  
Longfellow Elementary, 3rd Grade  
Luzerne





# April 2013

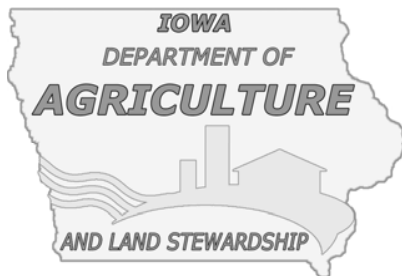
*National Soy Foods Month*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 April Fool's Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Earth Day	23	24	25	26	27
28	29	30	Soybeans are the United States' 2nd largest crop in cash sales and the No. 1 value crop export.			

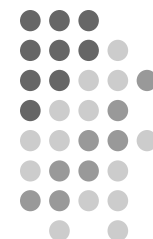


Drawn by: Dana Funk  
Home School, 5th Grade  
Scotch Grove



# May 2013

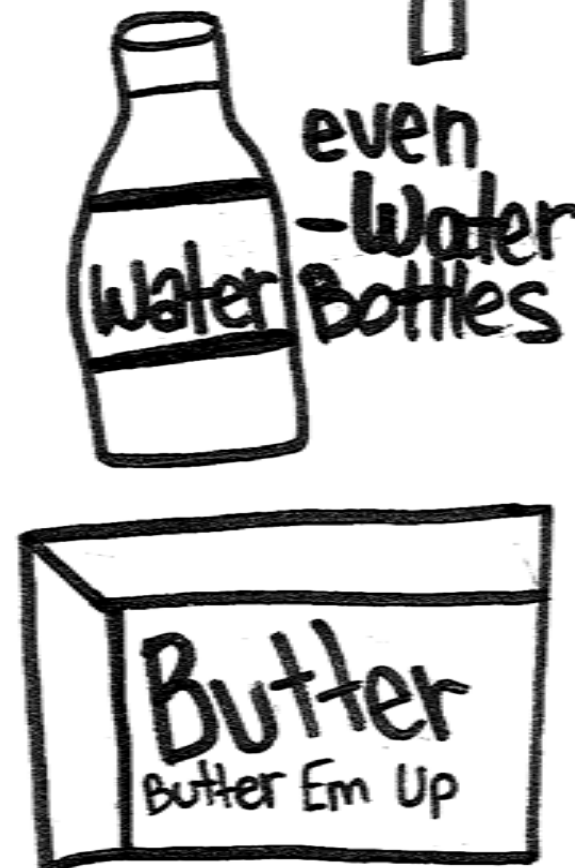
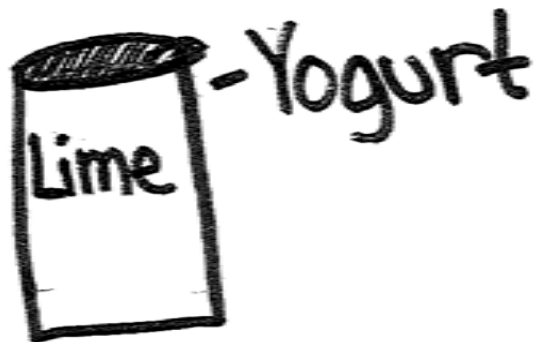
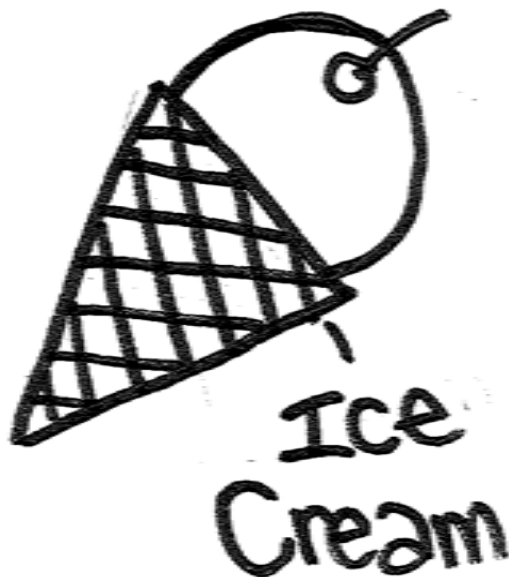
*National Beef Month and National Egg Month*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
89% of American consumers enjoy beef on a regular basis.	A hen lays an average of 5 eggs per week.		1	2	3	4
5	6	7	8	9	10	11
12 Mother's Day	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31	

# Milk Can Help Make...

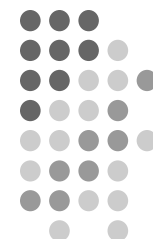
Drawn by: Brooke Gethmann  
Ashland Ridge Elementary, 5th Grade  
Ankeny






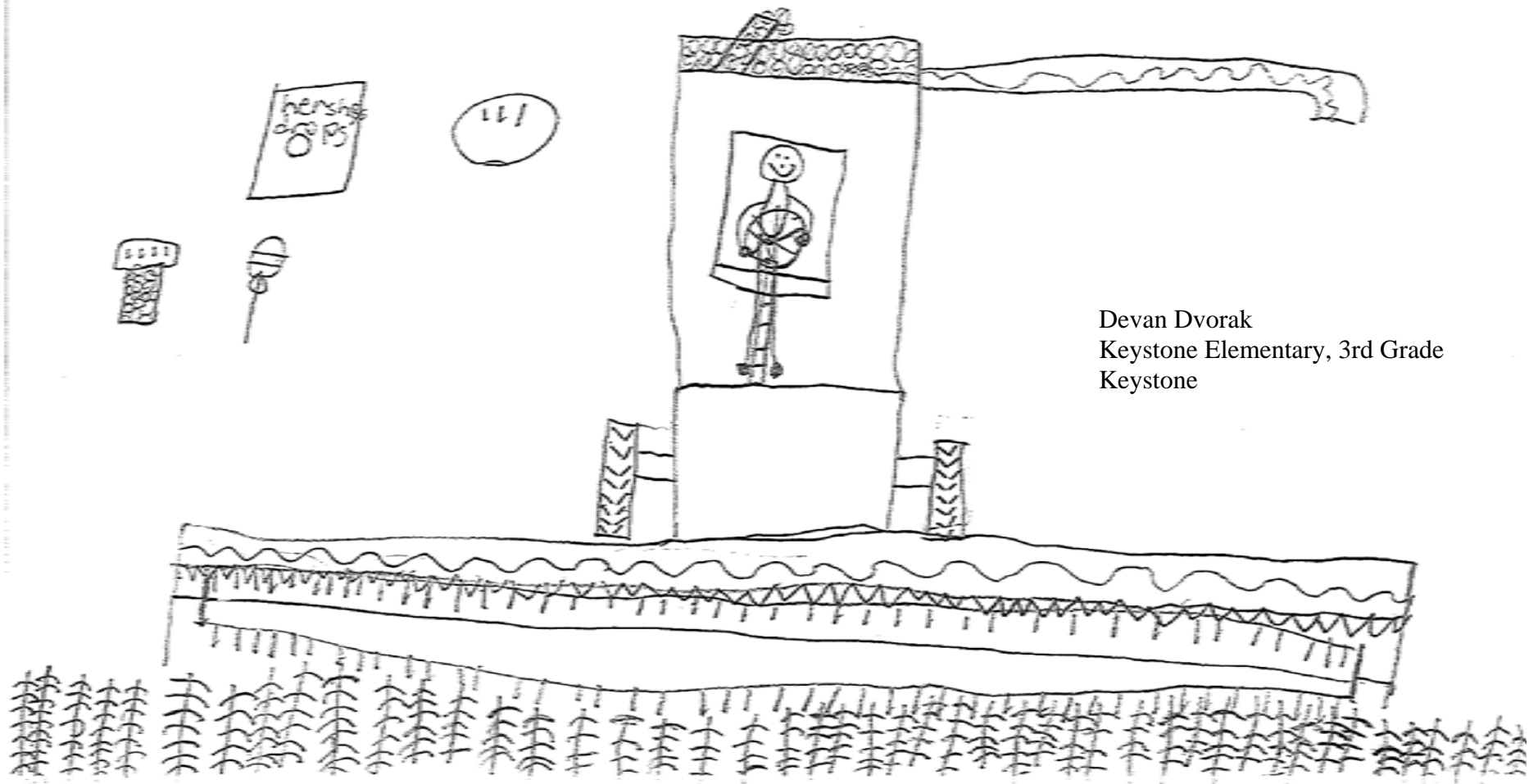
# June 2013

## *National Dairy Month and National Turkey Lover's Month*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Des Moines has the highest per capita milk Consumption among large cities	Each year all of Iowa's turkeys eat 62,000 acres of corn and 69,000 acres of soybeans.	There are 2,100 dairy cow farms and more than 200 dairy goat farms in Iowa.	Recent studies have linked dairy products to lowering the chance of developing breast cancer.		1
2	3	4	5	6	7	8
9	10	11	12	13	14 Flag Day	15
16 Father's Day	17	18	19	20	21 1st Day of Summer	22
23/ 30	24	25	26	27	28	29

Soy bean products are  
baking products, candy, chocolate coatings, and  
pharmaceuticals.

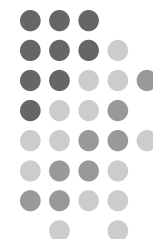


Devan Dvorak  
Keystone Elementary, 3rd Grade  
Keystone



# July 2013

*National Ice Cream Month and National Lamb Month*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 National Ice Cream Day	22	23	24	25	26	27
28	29	30	31	Each year there are 200,000 sheep shorn in Iowa to produce 1.23 million pounds of fleece.	It takes an average of 50 licks to polish off a single-scoop of ice cream.	

cucumber



apple



watermelon



Iowa

Farmers

Market

All vegetables in  
the farmers markets  
are fresh

corn



onion



Farmers raise  
tons of veggies  
every year

tomatoes



carrot

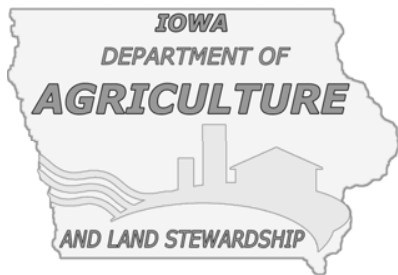


lettuce

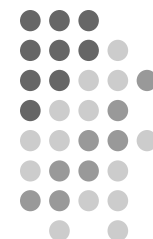


Fruit & vegetables are  
hybrid types with tough  
skins that are grown  
for looks not flavor.





# August 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Iowa has more than 220 farmers markets statewide.	Farmers markets have a \$71 million impact on Iowa's economy each season.			1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# Value-Added Agriculture Products That Use Iowa Commodities

NON-FOOD ITEMS		NON-FOOD ITEMS		FOOD ITEMS	
Adhesives	BCML	Lip balm	B	Baby food and formula	CM
Air Freshener	C	Livestock feed	CLMPS	Bakery products (pretzels, cookies, crackers)	BCS
Artist paint brush	L	Magnetic Tape (video tapes)	S	Beverages	BCM
Aspirin/antibiotics	C	Matches (head & side of box)	CL	Breakfast foods & cereals	BCS
Bandage strips	L	Medicines & pharmaceuticals	BCLMPS	Butter	M
Biodiesel fuel	LS	Musical instrument strings	L	Candy, confectionery	BCLS
Candles	BCS	Paints & varnish	CLMS	Cheese foods & spreads	CM
Car polishes and waxes	L	Paper	C	Chewing gum	BCL
Chemicals	CLS	Pencils	L	Chocolate products	CS
Cleaners, detergents & soaps	BCS	Perfume	L	Cooking Oil	CS
Clothing & costumes	LP	Pet foods & treats	BCL	Dairy Products	CBSM
Cosmetics	BCLMPS	Photography film	CL	Dairy Substitute(soy milk)	S
Crayons & chalk	BCL	Plastic, resin (credit cards, water bottles)	CMS	Egg substitute	P
Creams & lotions	BCL	Polyester Fabric	C	Flavoring/extracts	C
Disinfectants	S	Printing Ink	CS	Frosting	C
Drum heads	L	Rubber & rubber substitutions	CS	Gelatin (medicine capsules, snack foods)	L
Ethanol	C	Shoe polish	CL	Ice cream, malts, shakes	CLMS
Explosives & fireworks	CL	Shampoo	BLPS	Jams, jellies	C
Fabric & cloth	L	Silvering compound (make glass into mirrors)	C	Margarine, shortening	CLS
Fabric printing & dyeing	L	Straws, drinking	C	Marshmallows	CL
Foam insulation	S	Surgical sutures (veterinary use)	L	Meat products (sausage, bacon, lunch meat)	BCLPS
Hair conditioner	BLP	Syringes, plastic	L	Milk & milk products	M
Industrial oils & lubricants	BLS	Tennis racquet strings	L	Mixes (cake, gravy, infant food, pudding, )	CS
Insecticides	CLS	Theatrical make-up	C	Peanut butter	BC
Insulation	L	Toothpaste	BS	Pie filling, pudding, custard	C
Leather apparel, clothing & luggage	L	Upholstery	L	Salad dressings	BCS
Leather sporting goods & equipment	L	Veterinarian medicines	ML	Snack foods (chips)	C
Leather tanning	C	Wallpaper, wallboard	CL	Sport drinks	CS
Linoleum	CL	Window shades (cloth)	C	Wine & mead (honey wine)	BCG

**B= Bees/honey**

**C=Corn**

**G= Grapes**

**L= Livestock (cows, pig, sheep)**

**M=Milk**

**P=Poultry (chicken, turkey)**

**S= Soybeans**

# Calendar Contest

**“From the Farm to You” calendar will feature pictures drawn by Iowa students.  
Draw a picture that shows products that are made from Iowa’s commodities.  
The picture can be a scene or a grouping of items.**

- **Use only black lines on plain white paper - 8-1/2” by 11”. (Do not fold.)**
- **Do not color the picture.**
- **13 pictures may be selected.**
- **Please fill out the label and attach to the back of your picture and mail to:**

Iowa Department of Agriculture and Land Stewardship  
“From Farm to You” Calendar  
Henry A. Wallace Building  
502 East 9th Street  
Des Moines, Iowa 50319

**DRAWINGS MUST BE RECEIVED  
BY MAY 1, 2013 TO BE  
CONSIDERED!**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Age \_\_\_\_\_ Grade \_\_\_\_\_  
School \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Age \_\_\_\_\_ Grade \_\_\_\_\_  
School \_\_\_\_\_